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#### MIDDLE SCHOOL EDITION



## >>> ACTION-FILLED MONTH OF OCTOBER

## MESSAGE FROM THE DIRECTOR

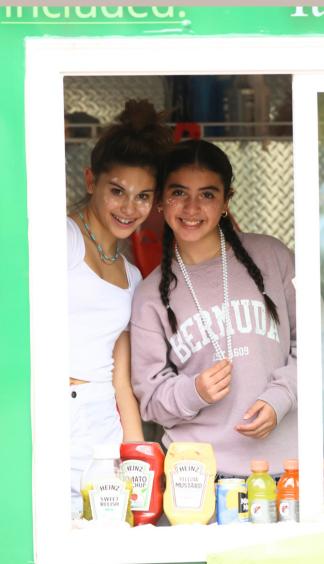
The Fall is an exciting season at Windham Woods School. Our students had a blast at Fall Fest, and the event would not be possible without the generous support of our parent community. I thank all the families who sent in food and supplies, as well as the parents who assisted with our activities. These kinds of events truly bring our entire community together.

Please enjoy the photos below and updates about outdoor learning, risk taking and upcoming events.

- Jeremy Robbins



## HIGHLIGHTS FROM FALL FEST











## **HIGHLIGHTS FROM FALL FEST**





### HIGHLIGHTS FROM FALL FEST







## Halloween Costumes







#### **CLASSROOM FEATURE**



For Halloween, students in Ms. Silk's class engaged their senses and used descriptive adjectives to describe and identify hard-to-guess freaky objects. Many of them were creepy and felt pretty strange.







## **THRIVE - TRUST**

The T in THRIVE stands for trust.

Should the students have trusted Ms. Silk?

Featured items:

- Zombie Boogers (crushed pineapple)
- Brains (ramen noodles)
- Heart (whole peeled tomatoes)
- Teeth (popcorn kernels)



## WHY OUTDOOR LEARNING?



#### >>> HEALTHY LIVING AND LEARNING

According to Claire McCarthy, MD, Senior Faculty Editor of Harvard Health Publishing, there are six important reasons that children should regularly spend time outdoors. Not only are students building on and applying the skills that they learn in the classroom, their overall physical and mental health and development benefits from being outside in sunshine and in rain. Read Dr. McCarthy's blog post <u>here</u>.



#### >>> APPLYING SKILLS

Kids need unstructured time in order to practice and apply the skills they learn.

Knowing how to entertain oneself, especially without a screen or device, is an important learned behavior.

Scheduling downtime allows for this element of learning to be a regular part of a child's day. For those who struggle to make transitions, timers and visual cues help.

In the Middle School at WWS, we use a traditional handbell to signal the end of recess.





#### >>> TAKING HEALTHY RISKS

A growth mindset sees intelligence and skill not as fixed traits but as qualities that can be improved over time through deliberate practice. Kids will experience cuts and bruises as they learn their limits and develop confidence. In the right supportive environment, a F.A.I.L. becomes a First Attempt In Learn.

Keeping the word healthy in mind allows teachers and parents to establish boundaries between taking appropriate risks and avoiding true dangers.

#### >>> UPCOMING EVENTS

	Share All the second	340
Grandfriends Day	November 9	
Veterans Day Observed - No School	November 10	
<b>Spirit Week!</b> Monday - Student/Teacher Swap Day Tuesday - PJs Day Wednesday - Pink Day Thursday - Matching/Buddies Day Friday - Anything But Your Backpack Day	November 13-17	
End of Trimester One	November 21	
Talent Show	December 7	
NO SCHOOL FOR STUDENTS Staff Development	December 8	
Middle School Dance	December 8	
Half Day - Noon Dismissal	December 21	
Winter Vacation - No School	Dec 22 - Jan 2	